



JENNER

CORONAVIRUS *Help stop the spread!*

What you need to do: Follows these **six** simple steps to protect yourself and those around you from coronavirus.

1. Wash your hands regularly

Wash hands for at least 20 seconds with soap and hot water or use a sanitising gel.
Do this after using the toilet, touching communal items such as the kettle and before and after eating.

2. Don't touch your face

Avoid touching your eyes, nose or mouth with your hands. If you need to touch face use a tissue.
Bin the tissue after contact with your eyes, nose or mouth. Wash your hands after contact with your face.

3. Use a tissue

Always try to cough and sneeze into a clean tissue then bin it immediately.

4. Don't spray

If you feel the need to cough or sneeze and have no tissue to hand.
Use the crease of your elbow to stop bacteria spreading through the air.

5. Social Distancing

Avoid close working and maintain a distance of at least 2 metres
from others at all times.

6. Isolate

Do not put you or others around you at risk. If you are experiencing
symptoms or coronavirus do not go to work, do not go out, remain
indoors and contact NHS 24 by calling 111 or online at 111.nhs.uk.



Signs and symptoms of coronavirus

Headache, dry cough, fever, muscle pains and difficulty breathing.



JENNER

CORONAVIRUS INFORMATION

What you need to do: In response to the ongoing Coronavirus (COVID - 19) pandemic.

We ask all visitors to self-screen before entering the site, to help reduce the spread of the infection.



Do not enter site if:

1. You have signs of a fever or a high temperature (above 38°C)
2. You have persistent cough or respiratory problems
3. You have had contact with any possible source of the virus



If you have met any of the above criteria please return home and contact NHS 111 for advice



If you are safe to enter please do so and follow the guidance below:

1. Wash your hands regularly and thoroughly with soap and water or alcohol based hand sanitiser
2. Avoid touching your face with your hands
3. If you need to cough or sneeze, use a tissue and bin after use
4. Where possible avoid contact with vulnerable individuals, such as the elderly and those with underlying health conditions.



Avoid close working and maintain a distance of at least 2 metres from others at all times